

August 2022

K-12 COLD BREAKFAST



Chicago Public Schools

NUTRITION SUPPORT SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
22	23	24	25	26
<ul style="list-style-type: none"> Graham Crackers & WowButter <p>100% Apple Juice Fresh Orange</p>	<ul style="list-style-type: none"> Banana Muffin <p>Fresh Nectarine Craisins®</p>	<ul style="list-style-type: none"> Scooters® Cereal & String Cheese <p>Whole Apple Blueberries</p>	<ul style="list-style-type: none"> Yogurt & Granola Parfait <p>Fresh Banana Strawberries</p>	<ul style="list-style-type: none"> Apple Bread with Hard-Boiled Egg <p>Fresh Pear Applesauce Cup</p>
29	30	31	1	2
<ul style="list-style-type: none"> Rice Krispies® Cereal & Hard-Boiled Egg <p>100% Apple Juice Fresh Orange</p>	<ul style="list-style-type: none"> Strawberry Oatmeal Bar & Sunflower Seeds <p>Fresh Nectarine Craisins®</p>	<ul style="list-style-type: none"> Graham Crackers & WowButter <p>Fresh Banana Blueberries</p>	<ul style="list-style-type: none"> Honey Bunches of Oats® Granola Crumble with Yogurt <p>Whole Apple Sun-Dried Raisins</p>	<ul style="list-style-type: none"> Banana Bread with String Cheese <p>Fresh Pear Applesauce Cup</p>

All chicken served is raised with No Antibiotics Ever.
All menus are pork-free.
We serve Whole Grain Rich grain/bread items.
Milk options include 1% and fat-free

- Vegetarian / Contains Plant-Based Protein
- ★ Locally Grown, Raised, or Sourced
- Contains Fish
- Hot Entrees in Bold



This institution is an equal opportunity provider.
Offerings may vary by school.
Menus are subject to change.
Questions? E-mail us at food@cps.edu