## August 2022 ELEMENTARY LUNCH

7

14

Chicago Public Schools

NUTRITION SUPPORT SERVICES

Monday	Tuesday		Wednesd	lay	Thursday	Friday
31		1		2		3 4

9

16

Egg Salad Sandwich

8

15

Buffalo Popcorn Chicken

17

18

## 25 23 22 24 26 Lunch Brunch! Breakfast Nachos Beef Sloppy Joe ★ Thai SunButter Chicken Leg Beef Hamburger Bean Fajitas Chicken Nuggets with Brown Rice • Mac & Cheese • Veggie Burger • Veggie Chik'n Nuggets Jerk Chicken Wrap Thai SunButter Chickpeas Turkey-Ham & Mozzarella • Yogurt & Granola Kit • Egg Chef Salad with Brown Rice Croissant • Bean & Cheese Bowl • WowButter & Jelly Sandwich Turkey & Cheddar Sandwich • Taco Salad with Tortilla Chips WowButter & Jelly Sandwich

Chicken Chef Salad

Cherry Tomatoes Applesauce Cup	<b>Grilled Onions &amp; Peppers</b> Diced Pineapple Red Salsa	Garden Salad Fresh Orange	Lemon Chickpea Salad Fresh Pear	<b>Mashed Potatoes</b> Fresh Melon
29	30	3′	1 1	2
<ul> <li>Penne Alfredo Pasta</li> <li>Cheddar &amp; Veggie Crackers Kit</li> <li>WowButter &amp; Jelly Sandwich</li> <li>* Fresh Broccoli Applesauce Cup</li> </ul>	<ul> <li>Beef Nachos</li> <li>Bean Nachos</li> <li>Blueberry Muffin &amp; Yogurt Turkey &amp; Swiss Sandwich</li> <li>Seasoned Black Beans</li> <li>Diced Pineapple Red Salsa</li> </ul>	<ul> <li>Turkey Sausage Pizza</li> <li>Cheese Pizza</li> <li>Pretzel &amp; Hummus Dippers Turkey-Ham &amp; Cheddar Sandwich</li> <li>Chicken Chef Salad</li> <li>* Fresh Zucchini Fresh Nectarine</li> </ul>	<ul> <li>BBQ Chicken Sandwich</li> <li>BBQ Tofu on Bun</li> <li>Cheese Sandwich Turkey-Ham &amp; Cheese Wrap</li> <li>Cherry Tomatoes Fresh Banana</li> </ul>	<ul> <li>Lunch Brunch!</li> <li>French Toast &amp; Turkey Sausage</li> <li>French Toast &amp; Hard-Boiled Egg Chicken Chef Salad</li> <li>WowButter &amp; Jelly Sandwich</li> <li>Tater Tots Red Grapes</li> </ul>
All chicken served is raised with No A All menus are pork-free. We serve Whole Grain Rich grain/bre Milk options include 1% and fat-free	ead items. ★ Locally Grown, • Contains Fish		CINKILLEND	tion is an equal opportunity provider. Offerings may vary by school. Menus are subject to change. Questions? E-mail us at food@cps.edu