

August 2022

# K-8 3-ENTREE LUNCH



Chicago Public Schools  
NUTRITION SUPPORT SERVICES

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
22	23	24	25	26
<ul style="list-style-type: none"> <li>● Beef Hamburger</li> <li>● Yogurt &amp; Granola Kit</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>Cherry Tomatoes Applesauce Cup</p>	<p><i>Breakfast for Lunch!</i></p> <ul style="list-style-type: none"> <li>● Breakfast Nachos</li> <li>● Jerk Chicken Wrap</li> <li>● Vegetarian Chef Salad</li> </ul> <p>Grilled Onions &amp; Peppers Diced Pineapple Red Salsa</p>	<ul style="list-style-type: none"> <li>★ Thai SunButter Drumstick</li> <li>● Taco Salad</li> <li>● Chicken Chef Salad</li> </ul> <p>Garden Salad Fresh Orange</p>	<p>Sloppy Joe</p> <ul style="list-style-type: none"> <li>● Turkey &amp; Mozzarella Croissant</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>Lemon Chickpea Salad Fresh Pear</p>	<p>Chicken Nuggets</p> <ul style="list-style-type: none"> <li>● Turkey &amp; Cheddar Sandwich</li> <li>● Bean &amp; Cheese Bowl w/ Tortilla Chips</li> </ul> <p>Mashed Potatoes Fresh Melon</p>
29	30	31	1	2
<ul style="list-style-type: none"> <li>● Penne Alfredo Pasta</li> <li>● Cheddar &amp; Veggie Crackers Kit</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>★ Fresh Broccoli Applesauce Cup</p>	<p>Beef Nachos</p> <ul style="list-style-type: none"> <li>● Blueberry Muffin &amp; Yogurt</li> <li>● Turkey &amp; Swiss Sandwich</li> </ul> <p>Fresh Jicama Diced Pineapple Red Salsa</p>	<ul style="list-style-type: none"> <li>● Cheese Pizza</li> <li>● Turkey-Ham &amp; Cheddar Sandwich</li> <li>● Chicken Chef Salad</li> </ul> <p>Seasoned Green Beans Fresh Nectarine</p>	<ul style="list-style-type: none"> <li>● BBQ Chicken Sandwich</li> <li>● Veggie Chik'n Sandwich</li> <li>● Turkey-Ham &amp; Cheese Wrap</li> </ul> <p>Cherry Tomatoes Fresh Banana</p>	<p><i>Breakfast for Lunch!</i></p> <ul style="list-style-type: none"> <li>● French Toast &amp; Turkey Sausage</li> <li>● Chicken Chef Salad</li> <li>● WowButter &amp; Jelly Sandwich</li> </ul> <p>BBQ Bean Salad Fresh Grapes</p>

All chicken served is raised with No Antibiotics Ever  
All menus contain No Pork  
We serve Whole Grain Rich grain/bread items  
WOWBUTTER™ & Jelly Sandwiches served daily  
Milk options include 1% and fat-free

- Vegetarian / Contains Plant-Based Protein
- ★ Locally Grown, Raised, or Sourced
- Contains Fish
- Hot Entrees in Bold

This institution is an equal opportunity provider.  
Offerings may vary by school.  
Menus are subject to change.  
Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)